



Canadian Red Cross

Canadian Red Cross Babysitting Course

Fact Sheet

for Parents

Valuable Training You Can Trust

The Babysitting Course incorporates the latest injury prevention standards.

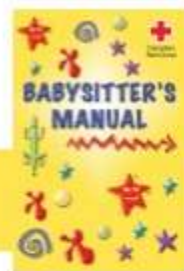
The course is taught by well-trained facilitators who are certified in first aid and who have a strong teaching background.

The course content was reviewed by leading health and youth organizations, including *Health Canada*, *SMARTRISK*, *Safe Kids Canada*, *Fire Prevention Canada*, *Scouts Canada*, *RespectED*, and *Canadian Agricultural Safety Association*.

This course is endorsed by the Girl Guides of Canada.



**Help your child build valuable skills for a lifetime.
As a trained babysitter, your child will learn:**



- Basic skills to care for babies, toddlers, preschoolers, and school-age children
- How to care for himself/herself and siblings when home alone
- How to create a safe environment, and deal with phone calls and unexpected visitors
- How to react confidently in case of an emergency, such as choking, bleeding, poisoning, or burns
- How to cope with common problems, such as tantrums and crying
- Games and activities to keep kids of all ages entertained
- How to manage a babysitting business, including creating a resumé and a business card, and asking the right questions before accepting a babysitting job

Course Features:

- Developed for youth 11 to 15 years of age
- Can be completed in one day or in sections over several days/weeks
- Focuses on five main areas: child caregiving, first aid, injury prevention, leadership, and business skills
- Youth learn through interactive, fun activities, and problem-solving scenarios and practice
- Participants receive the Canadian Red Cross *Babysitter's Manual*, which includes key information on caring for kids of different ages, as well as an emergency contact form, sample resúmes, business cards, glossary, and more
- Participants receive a wallet card that confirms they have completed the course

FIRST FOR SAFETY

